



## Men: Let Me Teach You to Cook!

Improve and develop your cooking skills in this hands-on cooking class. From pantry to plate, make and then enjoy a tasty meal, as you learn different basic cooking techniques



## A course to develop your skills in:

- Different cooking techniques
- Preparing meals from healthy ingredients and utilising leftovers
- Food budgeting

- Kitchen operations
- Safe food storage and handling
- Knife usage and skills
- Recipe development
- Adapting recipes
- · Cooking terms

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We enrich our community by providing opportunities to connect, participate and learn

Length: 12 hours - 4 weeks

**Eligibility:** Visit the website for details.

For dates, times, costs and prerequisites

refer to the BNC Course Timetable.

## **Discover Learn Local**

We provide education and training programs designed to meet your learning needs. As a registered Learn Local we help you return to study, become work ready, improve your skills or learn something new.

## Find us at the Ballarat South Community Hub

11 Tuppen Drive, Sebastopol

